

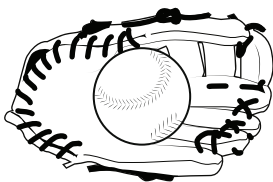
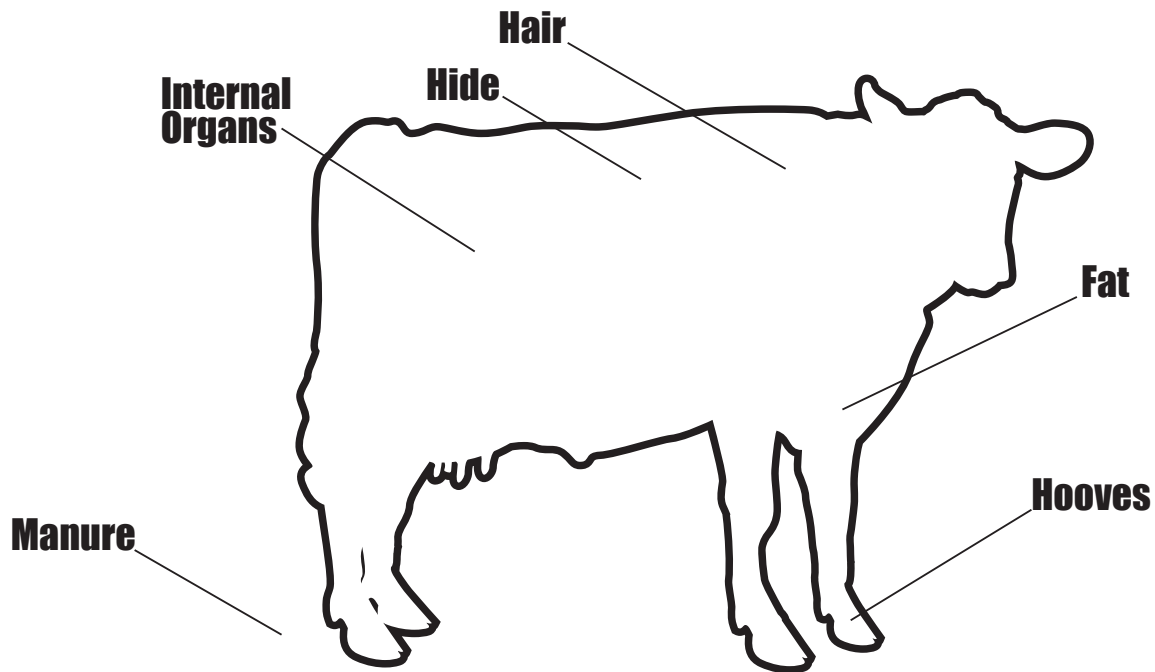
Built from Beef



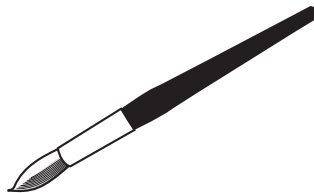
Beef is meat. It is one of the many products that we get from cattle. A 3 oz serving of beef is an excellent source of protein, zinc, selenium, niacin, vitamin B6 and vitamin B12. But beef isn't the only thing that we get from cattle!

Directions:

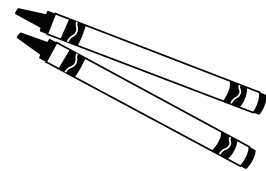
Choose products from the word/picture bank below and match them up with where they come from on the cow!



Baseball Glove



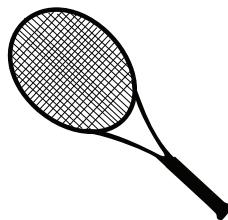
Paintbrush



Crayons



Shampoo



Tennis Racket Strings



Fertilizer

